

11 by 11 experiences

11 enrichment experiences by 11 years old



In today's fast-paced world, providing children at Overstone Combined School with enriching experiences is essential to their development. By the age of 11, young minds are at a critical stage of growth, curiosity, and exploration. These 11 enrichment experiences offer Overstone pupils the building blocks for a well-rounded, empowered, and intellectually curious individual. By nurturing these experiences, we pave the way for a brighter future and equip children with the skills and knowledge they need to succeed in an ever-changing world. This journey of discovery, growth, and enrichment, as we empower our young ones to thrive by the age of 11 and beyond.

1. Outdoor pursuits	<p>The great outdoors is a dynamic classroom for young minds. Outdoor pursuits at Overstone, such as field trips and forest school activities, provide children with a direct connection to the natural world. These experiences foster physical fitness, teamwork, and develop curiosity for the wider-world, all while encouraging a lifelong appreciation for the environment. Through activities like building a campfire and observing wildlife, pupils develop a sense of wonder and curiosity about the world around them.</p> <p>Other examples may include:</p> <ul style="list-style-type: none">• Camping• Go to the beach• Outdoor learning• Overnight trip• Ride a bike
2. Cultural experiences	<p>Cultural immersion at Overstone introduces children to the diversity of our global community. Whether through multicultural festivals, language lessons, visits to museums, or storytelling sessions, these experiences expand young minds and promote cultural awareness. Children learn to respect and embrace differences, developing empathy and a sense of interconnectedness with people from various backgrounds. Cultural experiences at Overstone lay the foundation for becoming responsible, open-minded global citizens. Some examples may include:</p> <ul style="list-style-type: none">• Attend places of worship• Museums/Landmarks• Learn a language• Theatre visits• Museums/Landmark
3. Creative and skill building	<p>Nurturing creativity and skill-building from a young age sparks a passion for lifelong learning. At Overstone, children have the opportunity to explore various forms of artistic expression, including playing an instrument, art and photography. They also begin to develop practical skills, such as problem-solving, critical thinking, and basic computer literacy. Creative and skill-building activities help children discover their unique talents and interests, setting the stage for future personal and academic achievements. Some examples may include:</p> <ul style="list-style-type: none">• Solve a problem• Conduct an experiment• Build something for a purpose• Photography
4. Life skills	<p>Life skills are the essential abilities that equip children with the knowledge and capabilities to navigate the challenges and opportunities they encounter in everyday life. These skills are fundamental for personal development and success in various aspects of life. This may include:</p> <ul style="list-style-type: none">• Using public transport• Ride a bike• Map reading• Budgeting (personal finance)

<p>5. Oracy and public speaking</p>	<p>Public speaking is a crucial skill that empowers pupils to communicate effectively and confidently. Opportunities for public speaking at Overstone, such as class presentations and debates enable pupils to overcome stage fright, develop clear articulation, body language, and voice modulation, and foster leadership skills. Public speaking equips pupils with the ability to convey their messages persuasively and advocate for their ideas, both within the classroom and in the broader community. Examples include:</p> <ul style="list-style-type: none"> • Present • Debate • Perform
<p>6. Career aspirations</p>	<p>Guiding pupils to explore their career aspirations even at a young age, whether through career days, guest speakers, or classroom projects, helps them envision their future paths and cultivate ambition and goal-setting skills. Overstone sets the stage for pupils to dream big, discover their passions, and consider a vast array of career possibilities. By exposing pupils to various professions, teaching them about the importance of education, and nurturing their curiosity, Overstone lays the foundation for a lifelong journey of learning and career exploration. Examples may include:</p> <ul style="list-style-type: none"> • Site visits and places of work • Guest visitors
<p>7. Nature and environment</p>	<p>Connecting pupils with nature through outdoor education promotes environmental awareness, empathy for the natural world, and a sense of responsibility to protect it. Activities like planting, wildlife observation, and nature conservation projects instil a deep appreciation for the Earth and its ecosystems. Pupils learn about sustainability, the importance of reducing waste, and the significance of preserving our planet for future generations. Examples may include:</p> <ul style="list-style-type: none"> • Forest School • Gardening/planting • Grow something • Interactions with animals
<p>8. Sports and Competitions</p>	<p>Participation in sports and competitions fosters physical fitness, teamwork, sportsmanship, and a drive for excellence, instilling values that extend beyond the playing field. Through sports, pupils at Overstone learn the importance of discipline, perseverance, and fair play. Competing in various events and games hones their athletic abilities. It fosters a sense of healthy competition, camaraderie, and a lifelong appreciation for an active and healthy lifestyle. Examples may include:</p> <ul style="list-style-type: none"> • High quality sports coaching • Sports competitions for all • Take part in a range of sports • After school sports clubs
<p>9. Personal welfare and safety</p>	<p>Education on personal welfare and safety empowers pupils with knowledge and skills to make safe choices, navigate challenges, and protect their well-being. Pupils at Overstone learn about personal boundaries, safe online behaviour, and how to recognise and respond to potential dangers. These skills enable children to confidently navigate the world while fostering a sense of self-reliance and independence. Examples may include:</p> <ul style="list-style-type: none"> • First aid • E-safety • Swimming
<p>10. Expressive Arts</p>	<p>Exploring the expressive arts, including visual arts, music, drama, dance, and creative writing, allows pupils to tap into their creativity, enhance self-expression, and develop a deep appreciation for the arts. Through these experiences, pupils gain a profound understanding of the power of artistic expression to convey emotions, ideas, and cultural significance. They learn to appreciate different forms of art and gain the confidence to create their own, fostering a lifelong passion for creativity and artistic exploration. Examples may include:</p> <ul style="list-style-type: none"> • Act/sing/dance to an audience • Productions • Visit galleries

	<ul style="list-style-type: none">• Theatre experiences
11. Culinary Creations	<p>Cooking experiences are not just about preparing meals; they also provide essential life skills. Pupils at Overstone learn about nutrition, meal planning, food safety, and the joy of creating delicious dishes from scratch. Cooking activities encourage teamwork, communication, and problem-solving as pupils work together to prepare meals. These skills empower pupils to make healthy choices, contribute to family meals, and develop a lifelong love for culinary exploration and creativity in the kitchen. Examples may include:</p> <ul style="list-style-type: none">• Cooking• Make a meal• Kitchen hygiene and safety