

Subject Overview – Personal, Social, Health Education – 2023-2024

Year group	Autumn		Spring		Summer	
	Term 1	Term 2	Term 1	Term 2	Term 1	Term 2
EYFS	Settling in	Building relationships: Special relationships	Managing self: Taking on challenges	Self-regulation: Listening and following instructions	Building relationships: My family and friends	Managing self: My well-being
Year 1	What is the same and different about us?	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing
Year 2	Relationships – friends	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing
Year 3	How can we be a good friend?	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing
Year 4	What strengths, skills and interests do we have?	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing
Year 5	What makes up our identity?	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing
Year 6	How can we keep healthy as we grow?	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing Identity