



RSHE Consultation

From September 2026, updated statutory guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education will apply to all schools in England. Together, these areas are often referred to as Relationships, Sex and Health Education (RSHE).

The updated guidance strengthens expectations around areas such as online safety, mental health and wellbeing, respectful relationships, consent, safeguarding, puberty and the use of accurate scientific vocabulary.

At Overstone Combined School, we are reviewing our PSHE and RSHE curriculum to ensure it continues to provide children with the knowledge, understanding and skills they need to stay safe, develop positive relationships and make healthy, responsible choices both now and in the future.

As part of this review process, we are seeking the views of parents, carers, staff and governors. We value working in partnership with our school community and welcome questions, feedback and comments to help inform the finalisation of our updated RSE & PSHE policy and curriculum approach.

To support an informed consultation response, we ask parents, carers and other stakeholders to read through the information below:

- RSHE Parent Consultation Letter
- PSHE and RSHE Curriculum Overview
- Kapow Primary RSE and PSHE Parent Information
- Department for Education statutory guidance

Parents and carers are also invited to complete our online consultation questionnaire below:

[PSHE and RSHE Parent Consultation Form - Google Forms](#)

If you would prefer to discuss any aspect of the curriculum directly with us, please contact the school office.

Thank you for taking the time to engage with this consultation and for working with us to support children's personal development, wellbeing and safety.